

22nd September 2026

Dear Parents & Carers,

We have enrolled in an NHS scheme called the Big Brush Club, which aims to get children in Reception to brush their teeth during school time, to help tackle tooth decay.

Developmentally, this is such an important age and we can really make a difference to children's long-term oral health by committing to a simple and effective programme.

Tooth decay is the most common disease in children and an average of 3 school days are missed each year due to dental problems, causing parents and carers to have to take time off work for appointments. This is easily preventable, using fluoride toothpaste and regular brushing.

Children will be supervised during the brushing sessions every day and will be under the guidance of the Oral Health Champions in school. Each child will receive their own toothbrush, which will be easily identifiable and will be stored in a safe storage system.

It is important children continue to brush their teeth at home, with a fluoride toothpaste. We would greatly appreciate your support to encourage your children with their brushing in a positive way.

Please visit the website www.bigbrushclub.co.uk to learn more and view videos that may help engage your children and time their brushing for 2 minutes.

Please fill in the attached form and return it to Mrs Legge by Monday 28th September.

Please ensure you let us know of any allergies or health issues your child may have which could mean they are unable to take part in the scheme.

Yours sincerely,
Mrs Stoker
Deputy Headteacher/ EYFS Lead

Big Brush Club

Yes, I would like my child to be included in the daily toothbrushing programme.

No, I do not want my child to be included in the daily toothbrushing programme.

Child's name: _____ Date: _____

Allergies/health issues: _____

Parent's name: _____ Parent's signature: _____

If you have chosen not to participate, would you mind telling us why? Thank you.
