



Strength in Self: At Dunbury we want to teach children about the importance of physical and mental health and the five ways to well-being. We want to develop an understanding of the character strengths needed to be **resilient** and successful and provide opportunities to reflect upon the 'inner person' and how this makes them wonderfully unique and valuable. We recognise that they are part of God's creation, fearfully and wonderfully made.

Structure	Monday	Tuesday	Wednesday	Thursday	Thursday /
	Clergy at 2:00 WK Clergy at 2:45 WW	School Theme Collective Worship	Singing Worship	Class Reflective worship	Friday Class led celebration worship
Strength in Self	Live collective worship led by Jane and Lewis based on the church calendar or notes below.	This terms theme is 'Strength in Self'.	worship and quiet reflection.	This terms focus is on Strength in Self. Reflecting on the CW from the week/ school vision and other moments that caused the children to feel or think deeper.	Values certificates presentation Good examples of work to share. Class goals to strengthen ourselves
04/09/2023 Scots Pine Maple	Inset Day	Welcome to the new term Strength in Self ~ Biblical underpinning of vision.		 Reflection Questions What is the biblical underpinning for our school vision? How do you think that this will change things in our classroom? 	
11/09/2023 Golden Willow Maple	Review ~ What is the biblical story that links to our value of Courage? What is the story of Moses? How does he demonstrate Courage?	Strength in self What does this mean? Why is in important?	bend some time in sung	 Reflection Questions Why is Strength in self-important? How does it make a difference? What is the story behind our value of courage? How does Moses remind us to be courageous? 	related to values or vision.
18/09/2023 Cherry	Review ~ What is the biblical story that links to our value of Trust? What	What happens when you don't have strength in yourself? The importance	An opportunity to spend	Reflection QuestionsWhy is sitting in the dark important? What makes this hard?	Values certificates presentation
Maple	is the story of Mary? How does she demonstrate Trust?	of sitting in the dark	Ап оррог	What is the story behind our value of trust? How does Mary remind us to be trustworthy?	Good examples of work to share.

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	Clergy at 2:00 WK	School Theme	Singing Worship	Class Reflective worship	Friday
	Clergy at 2:45 WW	Collective Worship			Class led
					celebration
					worship
25/09/2023	Review ~ What is the	Child of Hope		Reflection Questions	Class goals to
	biblical story that links to	Where is it? What does it		Why are we linked with Child of Hope? What might	strengthen
Oak	our value of Respect?	do? Why are we linking		we learn from our Child of Hope day?	ourselves
	What is the story of	with it?	ion.	What is the story behind our value of Respect?	related to
Maple	Daniel? How does he		ecti	How does Daniel remind us to be respectful?	values or vision.
	demonstrate Respect?		refl		
02/10/2023	Review ~ What is the	What happens when you	niet	Reflection Questions	
	biblical story that links to	don't have strength in	η φ φ	How can friends help when you don't have your	
Scots Pine	our value of Friendship?	yourself? The importance	a	own strength? How is this strength in self?	
Maple	What is the story of Lydia?	of calling on your friends.	Ship	What is the story behind our value of Friendship?	
	How does she	How is this strength in	NON	How does Lydia remind us to be faithful in	
	demonstrate friendship?	self?	ng v	friendship?	
9/10/2023	Harvest	What happens when you	some time in sung worship and quiet reflection	Reflection Questions	
	What is the reason for	don't have strength in	e ir	Why are the little steps so important? How do we	
Golden	celebrating Harvest in the	yourself? The importance	tin	show our values in the little steps?	
Willow	church? Why is it so	of each little step. The	ше	Why do we celebrate Harvest in the church? How	
Maple	important?	Story of Joni Eareckson	d sc	is that helpful for us?	
		Tada	ben		
16/10/2023	Harvest Service (This	Class led Collective	An opportunity to spend	Reflection Questions	
	week)	Worship ~ Cherry	nity	We have looked at strength in self all term. What	
Cherry			ortu	has been one key learning for you and what is one	
			oddo	key action point you will take forward?	
Maple			vn o		

Candle



- Time to be still and focus.
- Time to be ready to engage with our spiritual self.

Mirror



- To reflect on experiences
- Life's' big questions and some possible answers
- To learn from life by questioning and listening.

Window



- the opportunity to become aware of the world in new ways;
- to wonder about life's WOWs and OWs;

Door



- To respond to ...
- To express thoughts and beliefs
- To live by putting into action beliefs and values.