

Thursday 2nd November

Dear Parents and Carers,

This year Anti-Bullying Week commences on the 13th of November and to start the week off we are planning to do an Odd Socks Day in association with the Anti-Bullying Alliance.

In school we will be discussing what bullying is as well as what it isn't. Our definition of bullying is from the Anti-Bullying Alliance "The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online." Bullying is not a one-off incident or an occasional whoops moment, but a purposeful reoccurring event.

What is Odd Socks Day?

Odd Socks Day helps us to celebrate the fact that we are all unique. This is done by an opportunity to celebrate our differences and value the unique contributions that we bring, just like our vision statement "Strength in difference". This helps illustrate the important message to the pupils that they should be allowed to be themselves free from bullying and helps us celebrate anti-bullying week in a fun and positive way.

What will this look like in school?

- On Monday the 13th children will wear bright, oddly paired socks (If they feel comfortable to do so).
- On Monday the 13th all classes will be learning about why we are wearing odd socks and why celebrating uniqueness is important.
- The PSHE session during this week will be focusing on what bullying is and what bullying is not and how we can show our value of courage to stand up for others.

How can you support this at home?

It is important to have a discussion with your children about who their safe people are and who they can talk to if they feel worried or hurt. If you want more information about bullying please visit the PSHE page on the Dunbury website for more resources.

Best wishes,

Miss O'Brien
Oak Class Teacher