

Email: office@dunbury.dsat.org.uk Website: www.dunbury.dsat.org.uk

11th November 2024

Dear Parents and Carers,

This year anti-bullying week commences on the 11th of November and we are planning to do an Odd Socks Day in association with the anti-bullying alliance.

What is Odd Socks Day?

Odd Socks Day helps us to celebrate the fact that we are all unique. This is achieved by giving everyone an opportunity to celebrate our differences and value the unique contributions that we bring, just like our vision statement "Strength in difference". This helps illustrate the important message to the pupils that they should be proud to be themselves, free from bullying and helps us to celebrate anti-bullying week in a fun and positive way.

What will this look like in school?

- On Wednesday 13th November children will need to wear bright, oddly paired socks (if they feel comfortable to do so).
- On Wednesday 13th November all classes will be discussing why we are wearing odd socks and why celebrating uniqueness is important.
- The PSHE session during this week will be focusing on what bullying is and what bullying is not and how we can show our value of courage to stand up for others.

How can you support this at home?

It is important to have a discussion with your children about who their safe people are and who they can talk to if they feel worried or hurt.

If you would like more information about bullying please visit the PSHE page on the Dunbury website for more resources.

Best wishes,

Miss O'Brien **PSHE Lead**









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